

THE ALL DAY BRUNCH until 16:30

megan's

bread: 7 seeded organic sourdough | eggs: free range | food: delicious

BRUNCH

TURKISH CHEESE FONDUE cheesy deliciousness w/ 7 seeded organic sourdough to dip to share (v gf av) + 3.5 bacon + 3.5 sausage	9.5
MEGAN'S BRUNCH egg, sausage, bacon, garlic mushrooms, shakshouka & 7 seeded organic sourdough toast (gf av)	11.5
VEGGIE BRUNCH egg, halloumi, smashed avo, garlic mushrooms, tomato shakshouka, garlic spinach, & toast (v gf av)	11.5
SMASHED AVO ON 7 SEEDED ORGANIC SOURDOUGH TOAST w/ omega seeds & chilli (vg gf av) + 4.5 smoked salmon +3.5 sujuk 'Turkish chorizo' + 4 vegan chorizo (vg) + 1.5 poached egg (v) + 3.5 bacon	7.5
THE HALF-BAKED COOKIE DOUGH w/ Nutella, pistachios & ice cream (v n)	9.5

EGGS

SHAKSHOUKA spiced tomato baked eggs w/ 7 seeded organic sourdough (v gf av)	11
SHAKSHOUMI w/ grilled halloumi & 7 seeded organic sourdough (v gf av)	12.5
SHAKSHORIZO w/ sujuk 'Turkish chorizo' & 7 seeded organic sourdough (gf av)	12.5
BAKED COURGETTE & FETA ROSTI w/ poached eggs, tomatoes, fresh spinach & pomegranate molasses (v gf)	9
ROYALE smoked salmon w/ poached eggs & hollandaise on 7 seeded organic sourdough (gf av)	10.5
BENEDICT Parma ham w/ poached eggs & hollandaise on 7 seeded organic sourdough (gf av)	9.5
2 FREE-RANGE EGGS ON 7 SEEDED ORGANIC SOURDOUGH scrambled poached fried (v gf av)	5.5

OATS & TOAST extra jam/marmalade +0.5 | gf bread +0.6

COCO BERRY OVERNIGHT OATS w/ pistachios, fresh strawberries & dried raspberries (vg n)	6
COCONUT PORRIDGE w/ coconut milk, banana, caramelised demerara & omega seeds (vg)	5
OAT, FRUIT & NUT GRANOLA w/ coconut milk, almond milk or Greek yoghurt (v n)	5.5
7 SEEDED ORGANIC SOURDOUGH TOAST & JAM (vg gf av)	3.5
PASTRIES from (v)	2

SIDES

vegan chorizo (vg) - smoked salmon - Parma ham 4.5 garlic spinach (vg) - hashbrown rostis (vg) 2.5	
sujuk 'Turkish chorizo' - smashed avocado (v) - halloumi (v) - sausage - bacon - scrambled eggs (v) 3.5	
poached or fried egg (v) - tomato shakshouka (vg) - garlic mushrooms (v) 1.5 hollandaise 1	

THE LUNCH MENU from 11:30

deli bar available weekdays

POSH KEBABS double up: lamb/halloumi/falafel/chicken/vegan chorizo/sujuk 'Turkish chorizo' +4 | cauliflower +3

OPEN: on a flatbread w/ harissa hummus, pickled veg, aubergine & tomato 'bayildi' & pickled red cabbage	
POSH LAMB 'DONER' overnight braised lamb shoulder w/ feta & pistachio (n)	14.5
SPICY CHICKEN w/ peanut dukkah (n)	13.5
DECONSTRUCTED: in a spicy tomato shakshouka w/ flatbread	
CHILLI CHICKEN w/ chilli sauce & tzatziki (gf av)	13.5
QUINOA FALAFEL & CAULIFLOWER w/ pistachio & coconut yoghurt (vg n)	12.5

BOWLS + 4 vegan chorizo (vg) | + 3.5 grilled halloumi (v) | + 4 grilled chicken

SWEET POTATO BOWL w/ sweet potato, plum & sundried tomatoes, olives & green beans (vg gf)	9.5
VEGAN EARTH BOWL smashed avo, kale, chilli, fresh spinach, harissa hummus, quinoa & pomegranate molasses (vg gf)	9.5

SIDES

halloumi fries (v) 6 feta & braised lamb fries 6.5 (+1 sweet potato fries)	
fries (v) - garlic spinach (v) 4 Turkish chopped salad (v n) - sweet potato fries (v) 4.5	
mixed leaves (v) - bulgur & pomegranate (v) 3.5 7 seeded organic sourdough slice 1	

SAUCES piri piri (vg) - tzatziki (v) - garlic dip (v) 1.5

We do a lot of cooking so cannot guarantee that our kitchen is totally nut or gluten-free. If you have any allergies, please let your team member know & ask to see our allergen guide for the full ingredients list Prices inclusive of VAT | A discretionary 12.5% service charge will be added to your bill for the team.

megan's

what we're up to...



Good water.

£1pp & unlimited throughout your meal.

Our still & sparkling water is filtered & bottled on site, which reduces carbon emissions, eliminates waste & saves energy. Plus, we donate 20% of water sales to our chosen charity. That's good water.

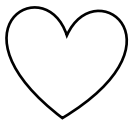
...tot up.

Last quarter you drank **17,039** bottles of water.

We donated **£3386** to Royal Trinity Hospice.

So far we have raised **£15,557** for local charities!

Head to @megansrestaurants on Instagram for more info.
Email megan@megans.co.uk if you know of any great local charities that we should support.



Win supper for four... Prosecco included of course.

Every Friday you can win a three course supper for four people to try out our posh kebabs or delicious mezze...

with two bottles of Prosecco included, of course.

Follow us on Instagram @megansrestaurants to find out how.